Colegio Finlandés

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 **No Classes** **Day of the Dead**	**3** Miss Saray (P5 Español)	**4**	**5** 5th. & 6th. Elementary Photoshoot Please wear complete uniform	**6** 4th. Elem. & 1st High School. Photoshoot Please wear complete uniform	**7**	**8**
9 General Flag Ceremony	**10** KiVa Colors T-Shirt 2nd. & 3rd. High School Photoshoot Please wear complete uniform	**11** Science and Technology Fair 1st. & 2nd. Elementary Photoshoot Please wear complete uniform	**12** Science and Technology Fair Preschool & 3rd. Elem. Photoshoot Please wear complete uniform	**13**	**14**	**15**
16 Miss Fer Maxemín (Taller Diseño Sec.) **No School** **Mexican** **Revolution**	**17** Prof. Ariel (Ed. Física y Coord. Extaescolares)	**18**	**19** ♻️ **Ecological Day:** **International Clean** **Air Day** **Green t-shirt**	**20** **Civic contemplation:** **Mexican Revolution**	**21**	**22**
23 Flag Ceremony – Preschool & Elementary School	**24**	**25**	**26** **Parenting Growth** **Talk** **8:30 a.m.**	**27** **CTE Growth Friday** **No Classes**	**28**	**29** Miss Diana Enríquez. (P3 Inglés)
30 Miss Sandra Rdz. (Dir. Académica)						

Week 2 KiVa Program — **I contemplate my feelings to recognize my emotions.**

Gratitude Week

1st Report Card Distribution for Parents

IMPORTANT ANNOUNCEMENTS

- **Cold/Winter Season:** Effective this month, students are permitted to wear a jacket—preferably red or blue—over their complete uniform. Students must attend wearing their PE uniform. The use of thermal wear and white tights is also allowed.
- **Jeans/pants:** For 'KiVa T-shirt' or 'Eco Day T-shirt' events, students may wear jeans; however, if it falls on a PE day, they should wear their pants for greater comfort."

FRODY TIPS



• KiVa "We all participate"

This month in KiVa, we are working on "I contemplate my feelings to recognize my emotions." We are teaching our children to pause and reflect on what they are feeling?.
What can you do at home?

- Name the emotion: "I see that you are upset/sad/excited."
- Ask where they feel it: "Do you feel it in your tummy or in your throat?"
- Validate their feelings: Avoid saying "it's no big deal" or "you're fine." All emotions are valid.
- Teach them to pause: Take a deep breath together before looking for a solution.

We are sharing a few books for you to read together at home!







• Let's take care of our bodies



We are working on the 'Body Safety Traffic Light' at school! Let's work together to teach our kids and teens how to care for and respect their bodies. We encourage you to talk about this topic at home to reinforce their learning."

• PHOTO PACKAGE

School Pictures 2026–2027
We will be taking individual and group photos this month! Please ensure your child attends on their scheduled day in full uniform designated for that day.
The Photo Package includes: Mini Book (2 Class Photos), 1 Individual Photo 5X, Individual Print Set and School ID Card.
Price: $250 MXN
Payment Location: School Reception / Front Desk
Deadline: November 3rd.

Let's capture special memories together!