Colegio Finlandés

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 No Classes Day of the Dead	3	4	5	6	7	8
9 General Honors. 🇨🇦🎖️	10 🥳 Maribel- Nurse KiVa Colors T-Shirt	11	12	13 🥳 Miss Vero Music	14	15
16 🥳 Miss Sandra Reyes- Spanish 6th grade **No Classes Mexican Revolution**	17 🥳 Miss Justine- Subprincipal Ana- General Admin. Virtual workshop for parents- Sexual education talk 7:00pm	18 Sexual education talk for students (4°, 5°, 6° and middle school)	19 ♻️ Ecological Day: International Clean Air Day **Green t-shirt**	20 🥳 María de la Luz- Extraclasses **Civic contemplation: Mexican Revolution**	21	22
23 **Honors for preschool and elementary** 🇨🇦	24	25 🥳 Ms. Liz (Elementary- Psic.)	26 **Parenting Growth Talk 800am**	27 🍍 **CTE Growth Friday No Classes**	28	29
30 HAPPY BIRTHDAY 🥳 Ms. Javive (Elementary Spanish Coordinator)						

Week 2 KiVa Program — I contemplate my feelings to recognize my emotions.

Gratitude Week

1st Report Card Distribution for Parents

IMPORTANT ANNOUNCEMENTS

- **Cold/Winter Season:** Effective this month, students are permitted to wear a jacket—preferably red or blue—over their complete uniform. Students must attend wearing their PE uniform. The use of thermal wear and white tights is also allowed.
- **Jeans/pants:** For 'KiVa T-shirt' or 'Eco Day T-shirt' events, students may wear jeans; however, if it falls on a PE day, they should wear their pants for greater comfort."
- **Information Session:** K3 & P6 induction for elementary and middle school. Date and time will be confirmed via Cometa.



FRODY TIPS



• KIVA "WE ALL PARTICIPATE"

This month in KiVa, we are working on "I contemplate my feelings to recognize my emotions." We are teaching our children to pause and reflect on what they are feeling?.
What can you do at home?

- Name the emotion: "I see that you are upset/sad/excited."
- Ask where they feel it: "Do you feel it in your tummy or in your throat?"
- Validate their feelings: Avoid saying "it's no big deal" or "you're fine." All emotions are valid.
- Teach them to pause: Take a deep breath together before looking for a solution.

We are sharing a few books for you to read together at home!







VEHICLE DRIVEWAY ADMINISTRATION

- Remember to respect designated parking spaces and do not park in areas marked with yellow lines.
- Keep the following areas clear:
- The red archway where two lanes merge into one. Please wait for the line to move forward gradually to avoid blocking this area.
- The entrance to the seafood restaurant and the apartment building.
- Do not use your cell phone while your vehicle is in motion.
- Always use your hazard lights when necessary.
- Please pause to allow staff to write your name on your vehicle identification card.
- Do not park in double rows, either in the morning or in the afternoon.
- Do not block sidewalks or emergency access ramps.
- Follow staff instructions at all times. This is for your safety and the safety of our students.
- Yield to other vehicles that are not waiting in the pickup line.
- Make sure your list of authorized individuals is always up to date. For security reasons, we cannot release students to anyone who is not on the authorized list.